



Earn a Pilates Specialty Certification

- 1) Purchase and complete NETA's **Intro to Teaching Pilates** home study program, 15 credits, course #963, \$149
- 2) Obtain 15 CEC's from the following home study programs:
 - a) Pilates Intermediate Home Study, 3 credits, course #911, \$49
 - b) Pilates Advanced Home Study, 3 credits, course #912, \$49
 - c) Bender Ball Pilates, 4 credits, course #9126, \$69
 - d) Total Pilates Home Study, 6 credits, course #914, \$69
 - e) Enlighten Your Body, 20 credits, course #9103, \$199
 - f) Pro-Active Postural Restructuring, 20 credits, course #9151, \$209
 - g) Pilates Anatomy, 4 credits, course #9163, \$59
 - h) Pilates Progressions, 5 credits, course #9171, \$69
 - i) Adult Beginner Ballet, 15 credits, course #9167, \$159
- 3) Provide proof of completion to NETA

To get your Pilates Specialty Certification:

- Fill out this form completely
- Submit a certificate of completion for NETA's Intro to Teaching Pilates Home Study
- Submit copies of a minimum of 15 CEC credits from the Pilates courses listed under step 2 above

Name:	Customer #:	Phone #:	
Street Address:			
City:		State:	Zip:
Email Address:			

Course #	Completion Date	# of CEC's Awarded

Send to NETA (choose one of the following):

- Mail to NETA 5955 Golden Valley Road, Suite 240 Minneapolis, MN 55422.
- Fax to: 763-545-2524.

Your Pilates Specialty Certificate will be mailed to you. Please allow 2-4 weeks for processing.

For more information, contact customer service at 1-800-237-6242 (1-800-AEROBIC)