



## Earn a Yoga Specialty Certification

- 1) Purchase and complete NETA's **Intro to Teaching Yoga** home study program, 12 credits, course #936, \$129
- 2) Obtain 18 CEC's from the following home study programs:
  - a) Dancing with Divinity Positive Affirmations, 4 credits, course #9111, \$59
  - b) Yoga Anatomy, 4 credits, course #9125, \$59
  - c) Hatha Yoga, Course, 4 credits, course#935, \$59
  - d) The Vinyasa Specialist, 12 credits, course #9133, \$129
  - e) Yoga for Group Fitness Instructor's Level Two, 12 credits, course #9101, \$129
  - f) Movement Through The Chakras, 4 credits, course #9147, \$69
  - g) Enlighten Your Body, 20 credits, course #9103, \$199
  - h) Holistic Fitness Specialty Certificate, 20 credits, course #9131, \$209
  - i) Practical Yoga for Personal Trainers, 22 credits, course #949, \$199
  - j) Mind Body Healing, 22 credits, course #9130, \$199
  - k) Pro-Active Postural Restructuring, 20 credits, course #9151, \$209
  - l) New Ideas for today's Yoga Class, 12 CECs, course #9174, \$129
  - m) Adult Beginner Ballet, 15 CECs, course #9167, \$159
- 3) Provide proof of completion to NETA

### To get your Specialty Yoga Certification:

- Fill out this form completely
- Submit a certificate of completion for the Intro to Teaching Yoga Correspondence Course
- Submit copies of a minimum of 18 CEC credits from the yoga courses listed under step 2 above

<b>Name:</b>	<b>Customer #:</b>	<b>Phone #:</b>	
<b>Street Address:</b>			
<b>City:</b>		<b>State:</b>	<b>Zip:</b>

Course #	Completion Date	# of CEC's Awarded

### Send to NETA (choose one of the following):

- Mail to NETA 5955 Golden Valley Road, Suite 240 Minneapolis, MN 55422.
- Fax to: 763-545-2524.

Your Yoga Specialty Certificate will be mailed to you. Please allow 2-4 weeks for processing.

For more information, contact customer service at 1-800-237-6242 (1-800-AEROBIC)